

Tapas

Cheese Platter **\$14.99**

A selection of three premium cheeses, Vegetable crackers and fresh - dried herbs and fruits

Dolmeh **\$4.99**

Fresh young leaves of grapevine, rice, fresh parsley and black pepper served with our special sweet sauce

Crispy Coconut Prawns **\$9.98**

Five butterflied Prawns coated in shredded coconut and crisped in Zero transfat oil, served with our house made slaw

Macho Nachos **\$11.98**

Organic Gluten Free nachos loaded with cheese, corn, beans, black olives, onion, jalapeños, Served with house-made salsa and sour cream

- Add organic beef or chicken \$2.5
- Add home made guacamole \$1.5

Boneless Chicken Bites **\$9.98**

Crispy bite-size chicken medallions marinated in soy sauce and tossed in your choice of hot, teriyaki, sweet chilli or honey mustard sauce

Veggie Spring Rolls **\$5.98**

Carrots, celery, bamboo shoots, sprouts & mushrooms rolled in an egg roll, served with our sweet chilli sauce

Vegan Breaded Chicken Tenders **\$6.98**

An incredibly tasty alternative to chicken, Soy protein, wheat gluten, natural flavours (plant sources), organic ancient grains (kamut, amaranth, millet, quinoa)

Salmon Wrap **\$7.5**

Seared Wild Salmon with green lettuce, red & green cabbage in a mild spiced dressing wrapped in a soft tortilla bread

Steamed Mussels **\$13.99**

Traditional garlic butter and white wine broth with fresh parsley, lemon, herbs and spices, served with garlic bread

Soups & Salads

House-made Soup de jour **\$4.99 / \$7.99**

Fresh daily made healthy soup made from organic and local resources served with garlic bread

Caprese Salad **\$11.98**

Fresh Mozzarella, Fresh tomato and basil, extra virgin olive oil and Italian Balsamic

Spring Green Salad **\$5.97**

Tossed greens & fresh, diced tomatoes, beans, black olives, corn, onions, shredded carrots and sunflower seeds with house-made balsamic or raspberry vinaigrette

- Add parmesan cheese for \$ 1

Grilled Chicken Salad **\$9.98**

A delicious grilled chicken breast, garden greens tossed with ripened tomatoes, fresh pineapple & our house-made raspberry vinaigrette

Grilled Wild Salmon Salad **\$12.95**

Fresh tomatoes & field greens tossed in a light balsamic dressing complemented with grilled salmon fillet.

Authentic Persian Dishes

Lubia Polo \$ 8.5

Basmati rice, green beans, home-made tomato sauce, onion, saffron, cinnamon, black pepper & salt, with a side of green salad or yogurt

- Add organic ground beef or chicken \$ 2.5

Stuffed Bell Pepper Dolmeh \$ 8.5

Fresh Bell pepper stuffed with rice, tomato, basil, parsley tangy herbs, cinnamon and Persian spices

- Add organic ground beef \$ 1.5
- Add chicken \$ 1.5

Zereshk Polo \$11.5

Basmati rice, spicy chicken, saffron, garlic, Zereshk bar berry (a zesty type of berry from Iran), spice mix and broth, with a side of green salad

Royal Veggie Polo \$ 11.5

Basmati rice, carrots, green peas, mushroom, bell pepper, roasted peanuts, free range eggs, onion and soy sauce, with a side of yogurt and mint

- Add organic ground beef or chicken \$ 2.5

Persian Lamb Shank & Rice \$19.75

Basmati rice, saffron, Large home made Persian lamb shank in broth, spices and herbs with a side of green salad

Adas Polo \$ 9.99

Basmati rice, green lentils, raisin, fried onion, saffron, Persian spices with a side of yogurt and mint

- Add organic ground beef or chicken \$ 2.5

Pasta

Creamy Pesto Alfredo Pasta \$11.5

Fresh home made basil pesto combined with pine nut garlic Cream and fresh grated Parmesan, tossed with Linguine Pasta and served with Garlic Bread

- Add Grilled Seasoned Chicken \$3.98
- Add Seared Wild Salmon Fillet \$6.98

Wild Salmon Pasta Mornay \$14.97

Wild salmon with fresh herbs in a lemon scented cream sauce, tossed with linguine and served with garlic bread

Double the Salmon for only \$3.98

Organic Burgers & Sandwiches

Organic Angus Burger \$9.98

Organic ¼ pound beef patty, topped with Onion Strings, Tomatoes, and Greens, served with a side of **Fries**

- add cheese \$ 1.5
- add bacon \$ 2
- add mushrooms \$ 2

*All organic burgers are made fresh infused with fresh herbs and always flamed grilled thoroughly well done.

Special Kozmik Burger \$13.98

Two organic ¼ pound Angus Beef patties, loaded with bacon, cheese, mushrooms, onion strings, tomatoes and greens. served with a side of **Fries**

Vegetarian items 

Vegan items 

South Western Burger **\$12.98**

Organic ¼ pound patty topped with guacamole, jack cheese, onion strings, tomatoes, and greens, served with a side of **Fries**

Monster Burger **\$18.99**

[caution: This burger contains 1 pound of beef, Do not attempt unless you have a designated driver]

Extra Patty: Add an organic ¼ pound Angus Beef Patty to any burger for only \$ 3

Veggie Burger  **\$7.99**

Delicious Vegan burger with onion strings tomatoes, and greens, served with a side of Fries, soy protein, wheat gluten, natural flavours (plant sources), Organic ancient grains (kamut, amaranth, millet, quinoa), garlic powder, starch, sea salt and pea protein

Teriyaki Salmon Burger **\$11.98**

Grilled wild salmon fillet glazed with teriyaki sauce, topped with tomatoes and greens, served with a side of **Fries**

Substitute:

Green Salad \$2.5

Yam Fries \$3.5

Kozmik Chicken Sandwich **\$11.98**

Two grilled chicken breasts, guacamole, salsa, jack cheese, topped with tomatoes onions and greens, served with a side of **Fries**

Sides

Regular Fries \$3.50

Yam Fries \$5.95

Garlic Bread \$2.95

Coleslaw \$4.95

Chips and Salsa \$4.95

Desserts

Chocolate Lava Cake **\$6.95**

Freshly baked chocolate cake with molten ganache centre, whipped cream & cherry coulee

Creme Brulee **\$5.95**

Classic fresh brulee infused with harmony of chocolate and selection of chai tea, fruits and more

Napoleon Cake (French mille - feuille) **\$4.75**

Several layers of delicious crispy puff pastry and cream topped with icing sugar & pistachio

Ice Cake **\$6.95**

Scoop of Vanilla, Strawberry or chocolate ice-cream on top of freshly baked molten lava cake

Zulbia Bamiye **\$3.99**

(Traditional Persian fritters) crispy fried pastry dipped in honey syrup, saffron and rose water (Add Persian tea \$1)

Persian Tea **\$2.5**

Traditional freshly brewed Persian tea and a sweet bite

Spirited Coffees **\$5.95/\$8.95**

Freshly roasted organic coffee with your choice of Monte Cristo, B52, Irish, Spanish, French and Italian